

LRC Mix Family Aquatic Centre
4330 Black Gold Drive
Leduc, Alberta T9E 3C3
Telephone 780-980-7120
Fax 780-986-9003
Email aquaticbookings@leduc.ca



Parents, Caregivers and Guardians,

The instructors at the LRC Mix Family Aquatic Centre are excited that your child will soon be participating in our Red Cross Swim lesson program through the school. These lessons are designed to give each student the opportunity to participate in swimming lessons as part of his/her physical education.

Students will receive instruction, practice time and verbal feedback regarding his/her swimming progress through the lessons. Our instructors will teach and continually evaluate student's skills specific to their level of the Red Cross Swim Program. At the end of the session each student will receive a Red Cross Report Card outlining their accomplishments and the skills that may still require practice. If the level was completed the student will receive a Red Cross level badge/sticker and be notified to register in the next level. Often it takes more than one session to complete a level; in this instance every child will receive a sticker (Preschool Program Mascot sticker or Swim Kids Program Distance/Best Time sticker).

Please assist us in placing your child in the correct level. In this package we have included the Red Cross Program Level Registration Guide. If your child has not participated in the Red Cross Swim program in a long time or ever, please use this guide to determine the **level your child should be registered into**. Please note that due to small student numbers or limited instructors, classes may be combined. **If your child has a Progress Card from their previous lessons please have them give it to the instructor on the first day of lessons. This will help us to place your child in the appropriate swimming level as well as maintain a current record of your child's progress.** It is also great for the **environment** to be able to reuse existing report cards instead of creating new ones.

If you are planning on registering your child for evening or weekend lessons we recommend you **wait** until the school lessons are completed. If your child is registered in both please ensure he/she is registered in the **same level** and that the instructors are informed, to prevent any inconsistencies.

We would like to remind parents that Capital Health recommends that anyone who is ill or have experienced diarrhea in the past two weeks refrain from entering the pool. For more information please contact Capital Health at 780-408-5465. Any child that is not potty trained will be required to wear the appropriate swim diapers to enter the pools; these can also be purchased at Guest Services.

At all times a teacher will be present on the pool deck to assist with supervision. **Please note it is the responsibility of the parents and the school to supply an aid for any student requiring assistance in the water.** If you have any questions about the program please contact the aquatic centre and speak with one of the Supervisor's of the Aquatic Program Staff or your school directly. We look forward to seeing your child at the aquatic centre.

Sincerely,

Supervisor Aquatic Program Staff

