

FIELD HOUSE DROP-IN LEISURE OPPORTUNITIES

Spring Session: April 1, 2011 - June 30, 2011

| Activity | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Stat Holidays |
|--|--|--|--|---|---|--|---|-----------------------------|
| Badminton | 6:30-10:30am County - A | 6:30-10:30am County - A | 6:30-10:30am County - A | 6:30-10:30am County - A | 6:30-10:30am County - A | | 10:00-12:30pm County - B | 10:00-12:00pm County - B |
| Senior's Hour Badminton & Pickle ball | | 11:00-12:00pm County - A | | 11:00-12:00pm County - A | | | | |
| Basketball | | | | | | 1:30-8:00pm County - A | 10:00-8:00pm County - A | 10:00-6:00pm County - A |
| Basketball & Badminton | 11:00-4:00pm County - A | 12:30-4:00pm County - A | 11:00-4:00pm County - A | 12:30-4:00pm County - A | 11:00-5:00pm County - A | 10:00-1:15pm County - A | | |
| Basketball & Volleyball | 4:30-8:30pm County - A | 7:30-8:45pm County - A | 4:30-7:00pm County - A | 7:30-8:45pm County - A | | | | |
| Volleyball | 11:00-3:00pm Full-court County - B | 12:30-3:00pm Full-court County - B | 9:00-3:00pm Full-court County - B | 12:30-3:00pm Full-court County - B | 11:00-3:00pm Full-court County - B | | 4:00-6:00pm County - B | 12:30-5:00pm County - B |
| Adult Hour | 9:00-10:00pm Basketball County - A | 9:00-10:00pm Badminton County - A | 9:00-10:00pm Volleyball County - A | 9:00-10:00pm Basketball County - A | | | | |
| Youth Drop-In Sports | 3:30-5:00pm Floor Hockey County - B | | 3:30-5:00pm Floor Hockey County - B 7:00-8:45pm Bskt & Vball County - A | | 3:30-5:00pm Floor Hockey County - B 7:45-9:00pm Soccer Co-Op | | 6:00-7:00pm Lacrosse Co-Op *Full Equipment | |
| Leisure Soccer | | | | | | 11:00-1:30pm Co-Op | 11:00-1:30pm Co-Op | 1:00-3:00pm Co-Op |
| Adult Soccer Hour Minimum 18 years of age | 9:00-10:00pm MIXED Co-Op | 9:00-10:00pm WOMEN Co-Op | 9:00-10:00pm MEN Co-Op | 9:00-10:00pm MIXED Co-Op | | | | |
| Adult Noon Hour Soccer Minimum 18 years of age | | 12:00-1:00pm Co-OP | | 12:00-1:00pm Co-OP | | | | |
| Parent n' Tot Fun time for parents and kids to run and play | | 9:00-10:00am Co-Op | 1:00-2:00pm Co-Op | 9:00-10:00am Co-Op | | | | |
| Special Needs | | 10:30-12:00pm County - B | | 10:30-12:00pm County - B | | | | |
| Family Leisure All children must be actively supervised by an adult. | 5:30-8:30pm Badminton County - B (2 nets) | 3:30-5:00pm Soccer Co-Op 4:30-7:00pm Bskt & Volleyball County - A 5:30-8:30pm Indoor Tennis County - B | 5:30-8:30pm Badminton County - B (2 nets) | 3:30-5:00pm Soccer Co-Op 4:30-7:00pm Badminton (2 nets) County - A 5:30-8:30pm Indoor Tennis County - B | | 11:00-2:00pm Bdmt & Bskt County - B 7:00-8:00pm Flag Football Co-OP | 1:00-3:00pm Bdmt & Bskt County - B 7:00-8:00pm Flag Football Co-OP | |
| MNP Youth Drop-In Sports FREE access courtesy of MNP for youth ages 10 -17 years | | 3:30-4:45pm Vball - County B Bskt - County C | | 3:30-4:45pm Vball - County B Bskt - County C | | | | |
| Healthy Hearts Youth Zone Every week a new sport will be played. 10-16 years of age | | | | | 3:30-5:30pm County - C | | | |

Scheduled Interruptions:

Alberta Boys Volleyball Tournament April 2 & 3 Alberta Girls Volleyball Tournament April 9 & 10 Leduc Ladies Volleyball Tournament April 16 & 17
Leduc Black Gold Rodeo April 28-May 1 Alberta Provincial Girls Volleyball May 7 & 8

Changes to the schedule for drop-in sports and activities will occur due to holidays, special events and other facility bookings.

Please review the weekly posted schedule changes in the LRC or online at www.leducleisure.com.

Friday Youth Night

Join us at the LRC for an evening of fun and socializing. With the purchase of your admission wrist band you will have access to these fun activities.
(Age restrictions apply)

Healthy Heart Zone (10-16yrs): 3:30-5:30pm
Youth Drop-In Floor Hockey (8-17yrs): 3:30-5:00pm
Youth Shinny (11-14 yrs): 4:30-5:30pm
Youth Shinny (15-17 yrs): 5:45-6:45pm
Youth Skate (8-17yrs): 5:15-7:15pm
Youth Drop-In Soccer (8-17yrs): 7:45-9:00pm
Teen Swim (13-17 yrs): 9:00-10:00pm



Changes to the schedule for all drop-in sports and activities will occur due to holidays, special events and other facility bookings. Please review posted schedule changes in the LRC or online at www.leducleisure.com for the latest schedule information.

For more information please contact
Guest Services at 780-980-7120.

Weekend Family Fun at the LRC

Looking for a fun way to spend the day with your little ones? Enjoy a variety of daily family leisure activities for one great price! Daily Family Admission: \$17.50/day

**Family Admission consists of 2 adults and all children under 18 years of age, residing in the same household.

SATURDAY

Family Swim (Leisure Tot Lagoon only): 9:00am-1:00pm
All children must be accompanied and an ADULT/Supervisor must be IN and around the water during this swim, at all times.

Family Leisure (Field House):

11:00pm-2:00pm/7:00-8:00pm

Every Saturday families have an opportunity to play a little badminton, basketball or in the evenings enjoy flag football.

Family Skate: 1:00-3:00pm

All children 12 years of age and under are required to wear a CSA approved helmet. Approved skate aides are available for those who require assistance.

SUNDAY

Family Swim (All pools): 9:00am-12:00pm

All children must be accompanied and an ADULT/Supervisor IN and around the water during this swim at all times.

Family Skate: 12:00-2:00pm

All children 12 years of age and under are required to wear a CSA approved helmet. Approved skate aides are available for those who require assistance. Parents are to carefully supervise children learning to skate and are encouraged to be on the ice with those children under 8 years of age.

Family Leisure (Field House):

1:00pm-3:00pm/7:00-8:00pm

Stop by and play a little badminton or shoot some hoops with your family. In the evening try your luck at flag football.



Your daily admission wrist band gives you access to all spontaneous activities, including drop-in sport and recreation programs, leisure opportunities available in the arenas, curling rink, aquatic centre, field house, fitness centre and track.